DEPARTMENT OF THE NAVY



U. S. NAVAL SUPPORT ACTIVITY NAPLES ITALY PSC 817 BOX 1 FPO AE 09622-0001

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MEMORANDUM

From: Commanding Officer, U.S. Naval Support Activity, Naples, Italy

To: Housing Occupants

Subi: MOLD AND MILDEW INFORMATION FOR HOUSING OCCUPANTS

- 1. This memorandum is provided to educate you and your family regarding mold and mildew and the risks in this region. Molds are part of the natural environment. Molds reproduce by means of tiny spores; the spores are invisible to the naked eye and float through outdoor and indoor air. Molds have the potential to cause health problems because they produce allergens and irritants. Inhaling or touching mold or mold spores may cause allergic reactions in sensitive individuals.
- 2. European and Italian homes are typically built with reinforced concrete frames and brick walls. Walls and ceiling surfaces are finished with mortar/plaster and water based paint. As water based paint is not waterproof, plaster finishings tend to absorb and retain humidity. These areas can become damp or wet as a result of a water leak or condensation of vapors produced by appliance and normal household activities.
- 3. Controlling moisture is key to preventing mold and mildew growth. If possible, keep indoor humidity below 60 percent (ideally between 30 and 50 percent). If you see condensation or moisture collecting on windows, walls or pipes act quickly to dry the wet surface and reduce the moisture/water source. Condensation can be a sign of high humidity.
- a. Reduce humidity by using air conditioners and/or de-humidifiers when needed. Run the bathroom fan or open the window when showering. Use exhaust fans or open windows whenever cooking or running the dishwasher.
- b. Preventing condensation by increasing ventilation or air movement by opening doors and/or windows, when practical. Use fans or increase room/air temperature.
- 4. Acting quickly is key to preventing mold and mildew from growing. The longer it grows, the more damage it can cause.
 - a. Have your landlord fix leaks or other water problems as soon as possible
- b. Scrub mold off hard surfaces like tiles, window panes and frames, and clean using bleach based detergent and water
 - c. Dry all items completely
- 5. If you have persistent mold and mildew contact your landlord for assistance in determining the root cause. If you live on base, contact the housing office.